

Yarmouth County CHB Report to Community 2020-2021

What Do We Do?

- Community Leadership
- Community Health Planning
- Health & Wellness Promotion

Western Zone CHB Health Plan Priorities:

- Food Security
- Housing
- Recreation & Wellness
- Community Connection



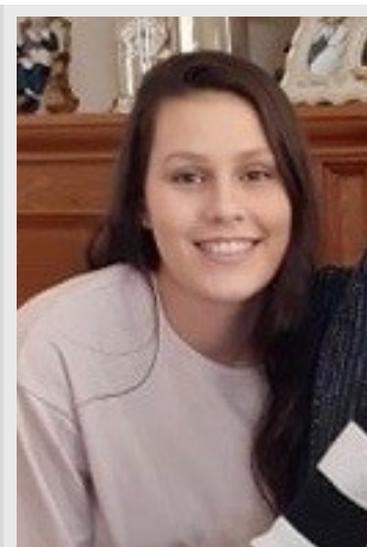
SAFE & HEALTHY
SAINE ET SÉCURITAIRE
**YARMOUTH
COUNTY**
Community Health Board



Volunteer Profile

Josiane Doucet,
Yarmouth

“ I think what makes a community healthy is providing many services and opportunities, available for everyone, and that is why it is important to have CHBs. ”



Josiane is our youth member and is a student at St. Mary's University, working on a Bachelor of Arts, major in Psychology. She wants to give back to her community that has done so much for her and make it a healthier place.

Want to Join Us?

Visit www.communityhealthboards.ns.ca

or contact

Clyde deViller 902-740-1338 or
clyde.deviller@nshealth.ca

Partnerships

Aside from having guest speakers at many meetings to help the board and community partners work more collaboratively and participating in the Reconciliation Workshops, our board partnered with:

- The Municipality of Argyle & our health promoter for Mental Health & Addictions to purchase positive no smoking / vaping signs for 7 municipal properties in Argyle.
- Yarmouth Recreation in organizing our annual Heritage Day Walk.
- Dalhousie University re: NS Health Atlas
- Our neighbouring boards of Clare and Digby & Area on activities such as the Virtual Wellness Funds Celebration. A description of the projects can be found on our Facebook Page.
- Engage Nova Scotia's Me to You Campaign.



Advocacy

- Letters from board for Basic Income, a National School Food Program, affordable high-speed internet, flavoured vaping and an impact assessment of home delivery of alcohol by NSLC. The board also wrote letters to the 3 municipal units in Yarmouth County in support of re-opening the YMCA. Individuals and community stakeholders were also invited to write letters.

Wellness Funds

We funded 7 projects:

- ÉcolesPlus Argyle, Boîtes à manger
- L'Association des Acadiens-Métis Souriquois, Wild Edible and Medicinal Plants with Dave Melanson
- Municipality of Argyle, Playground Accessibility
- South West Chapter - Autism NS, Communication and Sensory Support Services for Individuals Living with Autism
- Southwest Employment Services, Mental Health & COVID Care
- Tri-County Women's Centre, First Start Breastfeeding Initiative